Source: https://gradesfixer.com/free-essay-examples/college-life-a-journey-of-self-discovery-and-learning/

The daily activities of the college based lifestyle can be challenging for many students to balance. A typical college student, like myself, can be putting up to eighty hours into work and school a week if not more. When one puts so much time into these things they can be stressed because of school work and also the hours they may be putting in at a part or full time job. The college lifestyle can be difficult to balance because of hours at work, studying for classes, familial relationships, and one’s social life.

A student can have a variety of different jobs, just like anyone else, but working at a grocery store can sometimes be easier since they can work around the days and times the students are available more easily. They can do this because they have so many people working for their company. However, a worker can easily work forty hours a week. However, working at a grocery store can be a very physical job, causing one to be more tired and less likely to be well rested. This can make it difficult for one to execute school work in a timely manner. While struggling to get school work done they may have a hard time fitting family and social time into their schedule.

While working and going to school it can be difficult for a student to spend time with family when they barely have time to get a decent amount of sleep. When one does get to spend an extended amount of time with their family it can be filled with heated political debates, mindless television watching and delightful, mouthwatering, aromatic meals. If a family oriented person is lucky they will get to spend a holiday or two with their family. For example, Thanksgiving can be one of these holidays. A family Thanksgiving can be filled with warmly colored decorations, delicious food, and even an uneventful football game that is just in the background of a riveting conversation about how the most current presidential candidate should not even be allowed to speak. However, before the holiday the house prepping chores must be executed. The worst is always the bathroom. It is always a small space and you are constantly interrupted by the family members who insist that doing their make up in more important. They say it is even more important than the grime building on the sink from the concealer they dropped and mysteriously forgot to clean up. Eventually one can get it done and begin to enjoy the holiday with their family.

Finding a balance in college can be extremely difficult. Between work, school, and family it leaves little time for anything else. One of the hardest challenges a student faces is when and if they should go to that huge party being thrown at a friend’s house or if they should sit at home studying until their eyes start to cross from reading so much. Usually it is the latter and most social events get pushed to the side. The most difficult part of fitting a social life into the ridiculously busy life of a part time worker and full time student is finding time to simply enjoy an entertaining experience that may or may not include a pizza and season of Netflix. The worst part is finding time to go to that loud, marijuana smoke filled concert that one has been dying to go to since the beginning of time. Students make many sacrifices while in school and their social life may take the hardest hit of them all.

Although college life can be difficult, hectic and stressful students can strive to find a balance between work, school, and play. It may include a lot of late nights, bags under their eyes and a very large, energizing dose of caffeine, but once the balance between all of these things is reached it can allow a student to step back and enjoy the little things. Sometimes it is just lying in a nice cozy bed for an extra few minutes or trying a new taco place on a lunch break. Regardless, of what balance the student finds, once they do find it, it makes college a much more enjoyable experience.

GPT-improved sample

The college lifestyle can be grueling, and balancing work and school can be an uphill task. As a college student myself, I can attest that one can easily put in over eighty hours of work and school per week, or more. The pressure to perform academically while also working a part-time or full-time job can leave a student feeling stressed and exhausted. Furthermore, finding time for familial relationships and a social life can be a daunting challenge.

While a student can work various jobs, a grocery store job can be relatively flexible and accommodating of a student's schedule. However, this can mean working long hours, sometimes up to forty hours a week. Physical exhaustion from the job can also make it challenging to focus on school work and manage a social life.

Spending time with family can be difficult for a busy student who barely has time to get adequate sleep. Holidays, such as Thanksgiving, offer opportunities to reconnect with family and enjoy mouthwatering meals, watch football games, and engage in heated political debates. However, prepping for the holidays, particularly cleaning the bathroom, can be a tedious task.

The hardest part of balancing work, school, and a social life is deciding whether to attend social events or stay at home and study. Typically, academic obligations come first, and most social events get sidelined. However, finding time to enjoy entertaining experiences, like attending a concert or binge-watching Netflix, can be a great way to de-stress and have fun.

Despite the challenges, students can strive to find balance in their lives by prioritizing and managing their time effectively. Late nights, caffeine, and bags under the eyes may be inevitable, but once a balance is achieved, students can appreciate the little things in life, like catching an extra few minutes of sleep or trying out a new taco place. Regardless of the balance one finds, it can make college a more enjoyable experience.

In summary, finding balance in the college lifestyle can be challenging, but not impossible. By prioritizing and managing one's time effectively, it is possible to balance work, school, and a social life. Ultimately, achieving balance can lead to a more enjoyable college experience.